

CHARM Connect 2025-2026 Discussion Series

-SAVE THE DATES-

TUESDAY,
OCTOBER
14



Lyuba Konopasek, MD
Executive Director, Foundation for Advancement of
International Medical Education and Research
SVP at Intealth
*"Well-Being and the International Medical Graduate:
Moving from Surviving to Thriving"*

TUESDAY,
DECEMBER
9



Jo Shapiro, MD, FACS
Associate Professor of Otolaryngology-Head and Neck Surgery,
Harvard Medical School
Consultant for the Department of Surgery,
Massachusetts General Hospital
Peer Support: When Walking it Off is Not a Sustainable Strategy

TUESDAY,
FEBRUARY
10



Kerri Palamara, MD
Massachusetts General Hospital and Associate
Professor of Medicine, Harvard Medical School
*"Coaching for Well-being and Professional Fulfillment:
The Why, The What and The How"*

TUESDAY,
APRIL
14



Mark Schildt, MD
Chief Wellness Officer & Medical Director, El Rio
Health
*"Caring for Disadvantaged Communities: Challenges
and Opportunities for Clinician Well-being."*

TUESDAY,
JUNE
9



Lisa Rotenstein, MD
Assistant Professor & Medical Director of Ambulatory
Quality and Safety, UCSF Health
Inaugural Director of the Center to Advance Digital Physician
Practice Transformation (ADAPT), UCSF
Director of the Center for Physician Experience and Practice
Excellence, UCSF
*"The Electronic Health Record:
A Lens Into Physician Experience"*

**All Sessions:
4:30-5:30pm
ET**



About CHARM Connect:

CHARM Connect is a series of interactive scholarly presentations centered on core topics related to the well-being of healthcare professionals and the systems that support them. Join a professional network of well-being leaders from across the country to exchange ideas and collaborate on related work.